



Celebrating Year One!

"A lot of people have gone further than they thought they could because someone else thought they could." - Unknown

April 2012

Thank you for participating in the AWMP!

It seems like we were just starting out this year and were nervous about even having enough mentors to help meet this need at IUPUI. As the 2011-2012 academic year comes to a close and we begin plans for the year to come, we would like to thank you again for participating in the first year of the Advancing Women Mentoring Program. The theme for the newsletter this month is "Celebrating Year One". We know there have been challenges, ups and downs, as is to be expected in the first year of any program. Thank you for learning with us, for volunteering your time, and for being a mentor! Check out the mentor and mentee reflections on year one, the discussion questions for the month, and a sneak peak of what's to come for the Advancing Women Mentoring Program in 2012-2013.

Celebrating Year 1: Discussions Questions to Conclude the Year

UPCOMING EVENTS



AWMP Events

End-Of-The-Year Social
April 19, 2012; 4:30-6:00 pm
Campus Center, CE 305

*Please RSVP in advance to
hnbuck@indiana.edu
(RSVP not required for attendance but will help us know how many to plan for.)

Other beneficial leadership events on campus this month:

Sunday, April 22nd, 2012, 4-6 pm, CE 450
2012 Leadership Awards

Even in the busyness of the last weeks of the semester, we encourage you to make it a point to have at least one final meeting with your mentee this month. Be creative! Meet outside, go to lunch or coffee—whatever it takes as you celebrate the end of the year. You have the freedom to define what your relationship will look like for the future, so it would be beneficial for you to cover that as well.

Discussion points:

- Check in with each other—what has happened since you last met?
- What do your next few weeks look like as the semester finishes up?
What is your game plan on balancing everything that needs to get done?
- Where are you with your goals? Have you made any progress/had any setbacks? How will these goals change, if at all, through the summer and into fall?
- Talk about some of the successes in your life over the past 9 months. What has been the most challenging part of the year? What have you learned about yourself?
- Of all the topics discussed this year, which one(s) do you think resonate with you the most?
- Talk about some of your initial expectations of the mentoring program. Discuss what the mentor/mentee relationship has been like for each of you and celebrations along the way.

Year One: A Mentor and Mentee's Perspective

A Mentor's Perspective:

"I decided to mentor a student through the Advancing Women Mentoring Program because it seemed like a great opportunity to make a difference in the life of a young woman at IUPUI, to reflect on my own journey as a professional, to attend informative workshops, to network, and to get out of my office once in a while! I have learned so much this year because of participating in this program, both from the student I mentor and through the workshops offered by the program. Women in college, and women in the workplace, operate in such a male-dominated world and we don't even realize how this impacts our educational and professional journey. The sooner young, college women can begin to think and speak in a more confident, assertive manner (without sacrificing the unique characteristics that make women valuable in their own right)...the more successful they can be both inside the classroom and out. Also, I have truly enjoyed getting to know my mentee who is intelligent, motivated, and a joy to spend time with. I had several women professors in college who shaped and influenced my life in very significant ways, and now I am grateful for the opportunity to do the same."



A Mentee's Perspective:

"The Advancing Women Mentoring Program started a short five months ago and its impact has been more than I expected. Initially I was happy simply making another connection on campus and having someone to help me grow professionally, but I got more. The coordinators did a fantastic job pairing me with my mentor. From day one she has been my "positive cheerleader." This constant positivity has helped me to be more positive in everyday life and I leave every meeting in a better mood.

The program itself has been greatly beneficial as well. There have been a multitude of leadership and professional growth seminars as well as supplemental resources. In addition to professional growth opportunities, I am looking forward to the End-of-the-year Social to interact more with the other mentors and mentees. The Advancing Women Mentoring Program is something that every person at IUPUI should consider being involved with!"

Advancing Women Mentoring Program: Directions and Explorations for 2012-2013

In preparation for our second offering of the Advancing Women Mentoring Program, we are asking for your assistance in making 2012-2013 as memorable as this year.

Here's How You Can Help!

- 1. Feedback** – We will provide an opportunity for you to share your experience and your recommendations/critiques during the end-of-the year social on April 19th. If you are unable to attend, an online survey will be sent out shortly after that date. Your feedback is *very* important to us. Even if you only have a few moments/can't answer every question, we highly value the input you are able to provide. Furthermore, if anyone is interested in meeting in-person to discuss the year, we would be thrilled to coordinate that. Just let Hali or Diana know!
- 2. Interested in 2012-2013?** - We are still planning the 2012-2013 year and more updates are yet to come! Over the next month, we will send out a separate email asking you to indicate your plans for the next year. Perhaps you want to continue meeting with your mentor/mentee. Maybe you're graduating or you're unable to participate next year. Maybe you don't know your plans for next year yet. That's ok! As we look forward to the second offering of this program, knowing who and how many to plan for is helpful!